SCHOOL OF SPIRITUAL SCIENCE *and its Applications in Art and Life*

Autumn Term, 1937

RUDOLF STEINER HOUSE
35 Park Road, London, N.W.1
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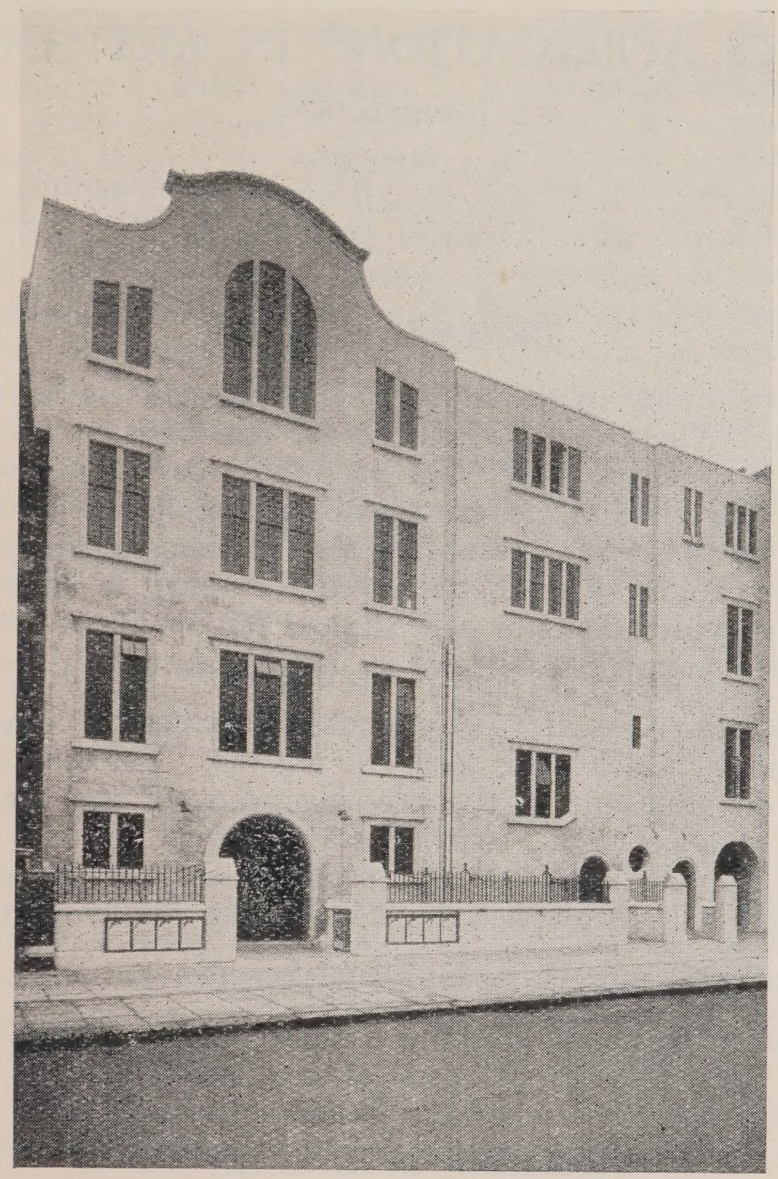

RUDOLF STEINER HALL AND HOUSE

33-35 PARK ROAD, LONDON, N.W.1

(Near Baker Street Station)

SCHOOL OF SPIRITUAL SCIENCE AND ITS APPLICATIONS IN ART AND LIFE

(Opened 1936).

—To know Spiritual Science is to know the Meaning and Art of Life

GENERAL SURVEY.

WE live to-day in the midst of a world-crisis of an unparalleled kind. Where are the reasons for the crisis? They lie in the fact that the active outer life of present-day mankind is mainly shaped by the trend of modern science and technical invention, while the inner life has experienced no corresponding development. The specialised sciences, artistic life, even the religious beliefs of to-day no longer provide adequate nourishment for our inner life, yet in the long run we cannot live without an inner core of spiritual strength.

The world-crises of to-day evoke innumerable questions from human souls to which there seems no answer. Yet the very fact that questions do arise out of the pressing needs of the times indicates the dawn of a new era. The questions reveal the fact that a new wisdom is shaping itself out of the very needs of human hearts—a wisdom that will throw new light upon the riddles of the world.

We call this new light—Spiritual Science.

This science already exists as the outcome of the life and research of one of the greatest pioneers of our time—Rudolf Steiner. In practice this science strengthens inner activity of soul and, at the same time, leads to practical mastery of the affairs of everyday life.

AIM AND PURPOSE OF THE SCHOOL.

The School has been established to promote the study of Spiritual Science and its applications in Art and Life.

Humanity of the present age needs Science for the comprehension of life, and Art for the inner mastery of its powers. The Science here referred to must be universal, yet at the same time, applicable to individual or special needs. The Art too must be understood in a twofold sense; it must awaken the idea of beauty as well as bring artistic creation into handicraft and practical work of all kinds.

It is therefore intended to hold study classes in the general and in the special subjects of Spiritual Science, as well as practical classes in art and handicraft.

The knowledge thus gained will be of direct importance for individuals of all ages and professions, who participate for longer or shorter periods in the study classes and practical courses of the school, and will prove applicable to every aspect of life.

In general the Syllabus provides for a two years' course of study. During this period a survey of Spiritual Science as a whole will be given, as well as its specific applications in different branches of life. In some cases it may not be possible for students to attend the whole of the two years' course, but each term will be a complete whole in itself, developing the general theme of Spiritual Science from a particular standpoint. Students who do not attend the full two years' course will therefore still be able to get a reasonable insight into this field of work as a whole. For students, either from home or abroad, who can devote their whole time to this study, it will be possible to provide a full-time course of training, and individual advice regarding specific research in various cognate subjects will be given. Additional study and tutorial classes can be arranged at particular hours of the day to suit the needs of special groups of students.

MAIN OUTLINES OF THE CURRICULUM

The School Curriculum is arranged in three Sections :

1. MAIN LECTURES.

These Lectures are designed to introduce students, during successive terms and in a comprehensive manner, to a study of the most important spheres of human life. During the past year the following subjects were taken : **Knowledge of Man, World Evolution, Human Evolution.**

In the autumn term of 1937 the Main Lectures will be on

PSYCHOLOGY.

II. (A) SCIENCE CLASSES.

Subjects taken during the last year were : **Mineralogy, Botany, Electricity.** As time goes on we hope to extend the studies to all specialised subjects. **Philosophy** and **World History** have also been included under this category. All special subjects are taught in close connection with the subject of the Main Lectures. For this term the special subjects are :—

(*a*) **ZOOLOGY.**

In this Class Zoology will be treated so as to show the division of the animal kingdom into **twelve main types** in accordance with their anatomical structure and their habits of life.*

* No previous study in these subjects is regarded as necessary.

(*b*) GEOMETRY AND THE ANIMAL KINGDOM.

The embodiment of soul-natures from the Cosmos in the animal as distinct from the plant kingdom upon Earth brings about once again a profound metamorphosis of form. A new and wonderful chapter in pure Geometry is hereby opened up, wherein a leading part is played by the inversion or " turning inside-out " of forms—exhibited on the one hand in the discoveries of modern Biology (the ' Gastrula ' metamorphosis in animal development) and on the other hand in some of the most ancient spiritual symbols of mankind. The course will be illustrated with examples taken from classical scientific works, notably the **Art Forms in Nature** of Ernst Hæckel.

II. (B).

(*c*) MEDITATION AND THE INNER LIFE.

No study of Spiritual Science can be considered complete that does not provide help for the development of the inner life. In this class the nature of the human soul and spirit and their training in relation to the needs of daily life, will be studied, and indications will be given for the practice of concentration and meditation. Each term this subject is approached from different standpoints of Spiritual Science.

(*d*) LANGUAGES.

In the development of Speech and Language there are two important aspects to be considered. These are :

1. Attention to the inner origin and spiritual content of Speech.
2. Concentrated instruction in the learning of a Language.

These two aspects will be combined in general, and applied in the teaching of German and English.

III. ART CLASSES.

Art is of the highest significance for every individual, and Spiritual Science is deeply and intimately connected with the impulse towards Art. In course of time the School hopes to build up a comprehensive Art School. A training School for Eurhythmy is already in existence which also provides independently for additional work in other arts. See page 10.

It should be possible for everyone to develop the hidden artistic faculties which exist in the depths of the soul, indeed the experience of workers in Spiritual Science for many years past clearly shows that quite new artistic impulses can be developed even in grown-up people. To this end Art courses will be provided in the following subjects :—

1. EURHYTHMY.

(See page 12.)

2. PAINTING.

The painting (water-colour) classes aim to develop the sense of colour which is inherent in everyone. The aim is not the mere reproduction of external objects but the development of a creative faculty

through an awakening experience of the life of colour. Painting can be an education of the soul. At the same time the training provides for the development of technical ability and artistic imagination.

3. MODELLING AND WOODWORK.

There is an intimate connection between the plastic arts and the vital formative forces of the human body. The plastic forces which have constructed the human body come again to life in modelling and sculpture. The same is true of the plastic force of thinking. Courses in modelling and woodwork will therefore lead to an experience of forces which belong to the whole of the human being. The development of a feeling for the different kinds of material, clay and wood, will also be important in this respect.

Practical Woodwork and simple Cabinet Making will be given in a special course, by the Betula Company. (See page 7.)

4. ARTS AND HANDICRAFTS GENERALLY.

Students will be able to choose the art classes that suit their needs. Classes in other arts and handicrafts (*e.g.* Jewellery and Stone Setting, Spinning and Weaving, etc.) will be added gradually as the School develops.

5. SPEECH FORMATION AND DRAMATIC ART.

Speech as used in daily life does not reveal its full strength and power. In fact, the life of spoken sounds contains a whole world of formative forces. An awareness of these forces, while developing a beautifully formed and well controlled way of speaking, is the aim of the training here given. Classes will be arranged for the Spring Term, 1938.

6. MUSIC—PIANO IMPROVISATION.

Many people with a natural love of music have never learned the art of improvising. By a special form of training pupils will not merely learn how to improvise but also how to develop latent musical talent.

Those who are engaged in Educational work in one way or another know how important is the influence of music.

The formation of an **Orchestra** is under consideration. During previous terms, and in this term, instruction is given in the playing of simple instruments such as the Lyre and the Recorder Flute.

PROGRAMME

AUTUMN TERM, 1937.

N.B. The School starts on Monday, September 27th, and finishes December 3rd, 1937. Except where otherwise stated, all classes and lecture courses are held in Rudolf Steiner House.
From December 5th to December 14th a special Art Course will be arranged. (See page 15.)

Public Main Lectures of the School of Spiritual Science

PSYCHOLOGY

by

Dr. E. Kolisko and Dr. W. J. Stein,

in the

Rudolf Steiner Hall every **Monday evening at 8.30.**

Titles.

Sept.	27	...	THINKING, FEELING, AND WILLING.
Oct.	4	...	TEMPERAMENT.
,,	11	...	DREAMS.
,,	18	...	THE SUB-CONSCIOUS.
,,	25	...	ARE THERE MORE THAN FIVE SENSES?
*Nov.	1	...	MEMORY AND PROPHECY.
,,	8	...	HYPNOSIS, SUGGESTION AND MEDIUMISM.
* ,,	15	...	PSYCHOLOGY OF DISEASES.
,,	22	...	LIFE AFTER DEATH.
,,	29	...	REINCARNATION.

* At Rudolf Steiner House.

PROGRAMME OF CLASSES.

MONDAY.

2—4.30	**PAINTING**	Mrs. E. C. MERRY
6.30—7.30	**GERMAN (Advanced)**	Baron VON METZRADT
7—8	**MUSICAL EURHYTHMY**	Miss E. WILKE
8.30—10	**PSYCHOLOGY** ... ... (See previous page).	Dr. E. KOLISKO and Dr. W. J. STEIN

TUESDAY.

2.30—4.30	**PAINTING**	Miss GLADYS MAYER
4—5	**PIANO IMPROVISATION (Beginners)**	Miss E. WILKE
5.15—6.15	**SINGING**	Miss G. FRIEBE
6.30—7.30	**GERMAN (Beginners)**	Baron VON METZRADT
8—10	**ORCHESTRA**	
8.30—10	**WOODCARVING and MODELLING** ...	Miss E. CROCKART

WEDNESDAY.

2.30—4.30	**PAINTING**	Miss GLADYS MAYER
6.45—8	**MEDITATION**	Mrs. E. C. MERRY
7—8	**EURHYTHMY**	Miss A. DUNLOP
7—8.30	**PRACTICAL WOODWORK***	
8.30—10	**THE INCARNATION OF JESUS CHRIST AND THE UNITY OF THE GREAT RELIGIONS OF THE WORLD**	(Lectures of the Anthroposophical Society in Great Britain. See page 19)

THURSDAY.

2.30—4.30	**MODELLING**	Miss GLADYS MAYER
3—4	**STUDY CLASS: The Four Gospels in the Light of Anthroposophy** ...	Miss M. COTTERELL
5.30—6.30	**GERMAN (Advanced Literature)** ...	Baron VON METZRADT
6.30—8	**GEOMETRY AND THE ANIMAL KINGDOM**	G. KAUFMANN, M.A.
8.30—10	**Public Lectures by** ... ... Dennison House, 208 Vauxhall Bridge Road (see page 33)	Dr. W. J. STEIN

FRIDAY.

5.30—6.30	**GERMAN (Beginners)**	Baron VON METZRADT
6.45—8	**ZOOLOGY**	Dr. E. KOLISKO
8.30—10	**STUDY CLASS, "Foundations of Anthroposophy"**	Mrs. E. S. FRANCIS GEORGE KAUFMANN Dr. E. VREEDE (See page 8).

* At the Betula Woodwork Association, 1 Sharpleshall Street, N.W.1 (Regent's Park Road).

SCHOOL OF SPIRITUAL SCIENCE STUDY CLASS

on the

Foundations of Anthroposophy

Fridays at 8.30 p.m.

Systematic Help in the Spiritual Teachings of Rudolf Steiner.

Led by Mrs. E. S. FRANCIS and Mr. GEORGE KAUFMANN, in collaboration with Dr. E. VREEDE and other visiting Lecturers from time to time.

The aim of this Course is to assist students in the initial steps of the anthroposophical life and knowledge. While emphasizing the character of Anthroposophy as a **Way of Knowledge**—individual experience, to be re-born in a new way in every human soul—the aim will also be to give a clear grasp of the fundamental ideas and the language used in Spiritual Science, so as to help each one in gaining independent access to the great riches that are contained in the lectures and writings of the founder of Anthroposophy.

Oct. 1 I. **Introduction : The Riddle of the Human Soul on Earth, in Life and Death.**

,, 8 II. **The Spiritual Awakening of Man.** (The Way of Initiation.)

,, 15 III. **Celestial Forces and the Sustenance of Life.**

,, 22 IV. **The Soul on its Way through Cosmic Time.** (The 'Astral' and the true 'I' of Man.)

,, 29 V. **Karma and repeated Lives on Earth.**

Nov. 5 VI. **Experiences of the Soul in Sleep and after Death.**

,, 12 VII. **Thinking, Feeling and Willing Man, in relation to the Cosmos.**

,, 19 VIII. **Life between Death and New Birth.**

,, 26 IX. **The Human Soul amid the Kingdoms of the Spiritual World.**

GERMAN LANGUAGE SCHOOL

Success in the teaching of language depends upon an understanding of the nature of the human being. In twelve lessons, by an easy and well conceived system of teaching, the student is able to acquire a vocabulary of over 1,000 words. In the course of a term (24 lessons) he will therefore have a good basis for purposes of travel, business or literature.

Courses in which a relatively large number of students take part, are made possible by the economy that is exercised in the instruction. Students are thus saved time and money.

In addition to the Courses, Private Lessons may be arranged at any suitable hour.

CLASSES.

(1) **COURSE FOR BEGINNERS—Two lessons weekly. (20 lessons during the term).**

Tuesdays 6.30—7.30 (beginning 28th Sept.).
Friday 5.30—6.30.

(2) **COURSE FOR MORE ADVANCED PUPILS—One lesson each week (10 lessons during the term).**

Monday 6.30—7.30 (beginning 27th Sept.).

Thursday 6.30—7.30 (includes History of German Literature with Readings from Authors).

FEES.

10 lessons	17/6
20 lessons	35/–
Single lesson	2/

All fees should be paid in advance.

If new pupils (beginners or more advanced) join the courses at any time during the first four weeks of the term, the lessons missed will be made up to them.

PRIVATE LESSONS.

One student, lesson of	60 minutes	7/–
Two students	do.	6/- each
Three students	do.	4/- „

Baron VON METZRADT is responsible for the instruction, in collaboration with other teachers.

Applications and further enquiries to be addressed to:

C. von Metzradt,
35 Knollys Road,
S.W.16.
Telephone: Streatham 6843.

RUDOLF STEINER SCHOOL OF EURHYTHMY

RUDOLF STEINER HALL, 33 PARK ROAD,

LONDON, N.W.1.

(Two minutes from Baker Street Station.)

Training courses, Public classes, Groups and private lessons, elementary and advanced classes in all subjects.

SPEECH EURHYTHMY.

MUSICAL EURHYTHMY.

PIANO IMPROVISING, EAR TRAINING.

LYRE AND RECORDER PLAYING, SINGING.

MODELLING, WOODCARVING.

PAINTING, HANDWORK.

Periodical classes in :—

SPEECH TRAINING.

GEOMETRY, HISTORY OF ART.

ANATOMY, PSYCHOLOGY.

For further particulars apply to :—

Secretary of the Rudolf Steiner School of Eurhythmy,
33 Park Road,
London, N.W.1.

EURHYTHMY

VISIBLE SPEECH AND VISIBLE SONG.

The Art of Eurhythmy was created by Rudolf Steiner in 1912 as an objective interpretation of speech and music.

Every art needs an instrument through which to express itself. In Eurhythmy the whole human body becomes the means of expression. **The movement from one gesture to another gives plastic expression to tone and sound.**

There are three principal aspects of the Art of Eurhythmy—the **Artistic,** the **Educational** and the **Curative.** These can be used with benefit by all, regardless of age. A full Course of tuition is given to those who wish to become teachers* or to take part in stage performances ; and public and private classes are held each week during the term. The educational aspect is stressed mostly in work with children, where it is of great value in supplementing the teaching of writing, literature, geometry and languages. A sense of balance and harmony in the **thinking, feeling** and **willing** activities of the human being can be aroused by Eurhythmy and applied in everyday life. Curative Eurhythmy is used only under medical supervision.

Eurhythmy provides all that is hoped for through the present-day methods of physical culture. But it does more, for it is based on the deeper knowledge of the human being provided by Spiritual Science. The method of teaching allows for the **individual** temperaments of the pupils. The rhythmical movements call for no muscular strain, and the harmony between the brain, the rhythmic system and the limbs relieves all tension. The breathing is of necessity rightly performed through the movements themselves.

The Art of Eurhythmy needs, and embraces, other arts, and opportunities are given to students to attend classes in Speech, Drama, Music, Modelling, Painting and Woodcarving on the lines indicated by Rudolf Steiner, the creator of Eurhythmy.

Full particulars of the Training Course, of Classes, and the date of the next public demonstration will be sent on application to the Hon. Secretary, School of Eurhythmy, Rudolf Steiner Hall, Park Road, N.W.1. See also next page.

For further information, the following books are recommended :—

A Lecture on Eurhythmy	Price 9d.	Post 1d.
Movement, the Speech of the Soul	,, 4d.	
Principles of Curative Education	,, 6d.	
Music in Curative Education	,, 6d.	
Eurhythmy, the Art of Movement	,, 6d.	

Other books on this subject can be obtained at the Rudolf Steiner Bookshop, 22 Park Road, London, N.W.1.

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* There are now vacancies for more teachers.

Time Table of the Training Courses and Classes in the Rudolf Steiner School of Eurhythmy

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MONDAY.

11—12	Curative Eurhythmy
12—1	Class IV Tone Eurhythmy
3—4	Class II Speech Eurhythmy
4—5	Class II Tone Eurhythmy
6—7	Class III Tone Eurhythmy
7—8	Class III Speech Eurhythmy
*7—8	Public Class in Musical Eurhythmy
*8.30—10	Lectures on Psychology

TUESDAY.

11—12	Class IV Speech Eurhythmy
3—4	Theory, Music, form-designing, etc.
*4—5	Piano Improvising for beginners.
5—6	German Eurhythmy Class.
6—7	Class I Speech Eurhythmy
7—8	Class I Tone Eurhythmy
7—8	Curative Eurhythmy
*8.30—10	Woodcarving and Modelling.
*8—10	Orchestra

WEDNESDAY.

10—11	Singing
11—1	Music (Lyre, Recorder)
†3.30—5	Anatomy
6—7	Class III Speech Eurhythmy
7—8	Class III Tone Eurhythmy
*7—8	Public Class for Beginners

THURSDAY.

10—11	Composition (Music)
11—12	Class IV Tone Eurhythmy
12—1	Curative Eurhythmy
3—4	Class II Speech Eurhythmy
4—5	Class II Tone Eurhythmy
*6.30—8	Geometry and the Animal Kingdom

FRIDAY.

11—12	Class IV Speech Eurhythmy
12—1	Piano Improvising, ear training (advanced class)
2—4	Handwork
4—5	Piano Improvising, ear training (beginners' class)
5—6	Class I Speech Eurhythmy
6—7	Class I Tone Eurhythmy
6.45—8	Zoology

SATURDAY.

10—11	Study with Colours, dresses, veils.
11—1	Painting and drawing.

This time table does not include private lessons, practice lessons for individuals and groups, and practice for stage work.

FEES.

One Art Course	25/-
Two Art Courses	45/-
Each Additional Course ...	15/-
Full Course	£8/8/0
Private Lessons	5/-

*These classes are public classes of the School of Spiritual Science.

†This class can only be attended by special arrangement.

RUDOLF STEINER HALL.

(Proprietors : Anthroposophical Association, Ltd.)

The Rudolf Steiner Hall was opened on June 1st, 1926, and was designed as a centre for the work of the Anthroposophical Society in Great Britain.

Eurhythmy and Dramatic performances, as well as many Classes, Lectures, Conferences and Exhibitions take place here.

The Hall has a large stage, and also a special lighting installation. It is in general demand from the public for bookings for Recitals, Lantern Lectures and Dramatic performances.

SPECIAL EVENTS

I. MICHAELMAS FESTIVAL WEEK-END

arranged by the Anthroposophical Society in Great Britain and the School of Spiritual Science.

RUDOLF STEINER HOUSE, N.W.1.

Saturday, 25th Sept., 4.30 p.m., Opening Address, Music ; 8 p.m., Lecture by Dr. W. J. STEIN : **St. Michael.**

Sunday, 26th Sept., 11 a.m., Lecture, to be announced ; 4 p.m., Symposium, on the work of the coming term ; 8.15 p.m., **Eurhythmy Performance** in Rudolf Steiner Hall. The programme will include music by Bach, Bruckner, Ravel, and poems in English, French, Italian and German.

II. AGRICULTURAL WEEK-END.

The Annual General Meeting of the Anthroposophical Agricultural Foundation will be held at the **Rudolf Steiner Hall,** 33 Park Road, London, N.W.1, on **Saturday, October 23rd, at 2.30 p.m.,** to which members and their friends will be welcomed. An exhibition of produce will be arranged on the stage of the Hall. The exhibition will open at 5 p.m. on Saturday, and will continue also on Sunday, October 24th. A full separate programme of lectures and discussions will be issued later.

III. SPECIAL ART COURSE* (see opposite page).

IV. CHRISTMAS PLAYS

performed by Teachers from Michael Hall School at the Rudolf Steiner Hall.

(See page 15.)

EXTENSION WORK

Arrangements have been made to extend the work of the School to other centres besides London. Enquiries may be addressed to :

Bristol.—Miss Irene Groves, 34 Park Street, Bristol.

Leeds.—Miss M. Golding, 2 Victoria Road, Leeds 6.

Manchester.—Miss F. Melland, 17 Wilmslow Rd., Withington.

York.—Miss D. Fricke, The King's Manor, York

Those who are interested in the extension of the School to centres other than these should communicate with the Secretary.

SPECIAL ART COURSE

of the School of Spiritual Science from December 5th to December 14th inclusive.

COLOUR, SOUND AND MOVEMENT.

This course is designed to show that all Arts are united in the structure and functions of the human body, and therefore every human being has in himself the foundations of every artistic activity. We must distinguish Art as Art, Art as a means towards Education, and Art as Occupation for everyone. All three are justified. The Programme will consist of Lectures, Demonstrations, and an Exhibition of the work of Pupils and Teachers of the School of Spiritual Science.

PROGRAMME.

		6—7.30.	8.30—10.
Sunday, 5th Dec.	I.	**The Fine Arts reflected in Man.** A series of lectures by Dr. E. KOLISKO.	**Exhibition (Opening).**
Monday, 6th Dec.	II.	**The Plastic Arts.** By Dr. E. KOLISKO.	**Goethe's Theory of Colour.** Dr. F. W. ZEYLMANS v. EMMICHOVEN.
Tuesday, 7th Dec.		**Practical Colour Experiments.** By Mr. MICHAEL WILSON.	**Colour and Form.** Dr. F. W. ZEYLMANS v. EMMICHOVEN.
Wednesday, 8th Dec.	III.	**Music.** By Dr. E. KOLISKO.	**Madonna and Child.** Illustrated by Lantern Slides.
Thursday, 9th Dec.		**Geometry and the Fine Arts.** (Illustrated by lantern slides, geometrical drawings and space models) by Mr. G. KAUFMANN, M.A.	**Goethe's Faust.** By W. J. STEIN, at Dennison House, 296 Vauxhill Bridge Road, S.W.1.
Friday, 10th Dec.			**Concert.** See below.*
Saturday, 11th Dec.	IV.	**Music.** By Dr. E. KOLISKO.	**Musical Faculties.** Mr. WALTER RUMMEL.
Sunday, 12th Dec.		**Exhibition open from 11 a.m.** At 3 p.m. **Lecture Demonstration.** Mrs. E. C. MERRY and others.	At 8 p.m. **Christmas Plays** (see p. 14).
Monday, 13th Dec.			**Concert.** See below.*
Tuesday, 14th Dec.	V.	**Speech, Song and Movement.** By Dr. E. KOLISKO.	**Eurhythmy Lecture Demonstration.** Miss E. WILKE.

Whole Art course	10/-
Ticket holders of the S.S.S.	5/-
Single lectures, etc.	1/-
Ticket holders single lectures, etc.	6d.

* The evenings of December 3rd, 10th and 13th are left free for students to attend the Pianoforte Recitals of WALTER RUMMEL at the Grotrian Hall, Wigmore Street, W.1.

FEES

The following scale of fees represents the normal minimum requirements of the School and is based on a very moderate estimate of the actual cost of arranging for these classes. Great reductions have been made in the Art Courses to enable Students to take full course tickets.

It is, however, the object of the School to bring the knowledge of Spiritual Science within the range of all who need it, and inability to pay the fees should not prevent any person from partaking fully in the work of the School according to his needs.

Arrangements will therefore be made in individual cases wherever necessary.

This term consists of ten lessons on each subject.

For Main Lectures and Study Classes.

Single lecture 1/-, full term 8/6.

For Special Classes, Zoology, Geometry, etc.

1/6 each, or 12/6 for full ticket, each subject.

For Art Classes.

(Full term) one course 25/-, two courses 45/-, for each additional course 15/-, for a full art course £8/8/0.

For Complete Course, which includes Main Lectures, German, Special Classes, all Arts. £12 per term.

German Language School.

Ten lessons 17/6, single lessons 2/-. Private lessons by arrangement. See page 9.

WORLD-FELLOWSHIP OF THE SCHOOL

It is not only in London or even in Great Britain that the work of the School is carried on. The English School is already working in close association with a similar School in Holland (Headquarters at The Hague). In addition we have friends and connections in various European countries, in India, and other parts of the East, in North and South America, South Africa, Australia and New Zealand, who are co-operating with the efforts being made here.

The School of Spiritual Science will therefore welcome friends and helpers from all parts of the world who can give of their knowledge and experience, help with literary contributions or gifts of books for the library, offer hospitality to workers or assist by making personal contacts. In this way a fellowship of the School of Spiritual Science will grow and spread, creating links between the work of the School and human life in its widest sense.

HOW YOU CAN HELP

SCHOOL FUND.

Become a Patron of this Fund and by your **regular subscriptions** enable us to reduce our fees so that we can bring the teaching of Spiritual Science within the reach of all. Inability to pay need not prevent anyone from partaking in the studies of the School; this Fund will help them. Travelling expenses must be found, the Art classes must be supported, and Printing, a very necessary and expensive item, must be provided for; so, please, send your donation for this Fund, no matter how small.

All postal orders and cheques to be sent to :—

Mrs. Merry (School Fund),
10 York Gate,
N.W.1.

BIOLOGICAL RESEARCH INSTITUTE.

The valuable work in connection with the investigation of Cosmic Influences on Earthly Substances and Living Organisms, which has hitherto been carried out by Frau L. Kolisko abroad, is now about to be established also in England. The maintenance of a Laboratory will require regular support for which we earnestly appeal.

All contributions should be sent to

Mrs. M. Pease,
The Old Mill House,
Bray-on-Thames, Berks.

(See also page 37.)

ANTHROPOSOPHICAL SOCIETY IN GREAT BRITAIN

Headquarters : Rudolf Steiner House and Hall,
35 and 33 Park Road, London, N.W.1.

Chairman of Council : M. Wheeler, M.A.

Hon. Secretary : Miss M. Cotterell, O.B.E.

The aim of the Society is to form, in the words of Rudolf Steiner, a union of human beings who desire to further the life of the soul, both in the individual and in human society, on the basis of a true knowledge of the Spiritual World.

Meetings open to the Public, Rudolf Steiner House, Wednesdays at 8.30 (see page 19).

Lending Library with extensive collection of the works of Rudolf Steiner and other authors on Anthroposophical and Spiritual subjects generally.

For particulars of **membership,** and detailed syllabus of lectures, members' meetings, conferences, etc., in London and other centres, apply to the Hon. Secretary.

Local Centres and Branch Secretaries : Enquiries may be addressed to :

BIRMINGHAM ...	Mrs. Th. M. Wilson, Clent Cottage, Clent, near Stourbridge
BRISTOL	Miss Irene Groves, 34 Park Street, Bristol
REIGATE	Mrs. M. Sutcliffe, Oaklea, Reigate Heath, Surrey
HULL	Mr. W. H. Golding, 270 Cottingham Road, Hull
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„ 20th. **Buddha and Krishna, St. John the Baptist and Jesus Christ.**

„ 27th. **Buddha's Revelation at the Birth of Jesus.** (The Shepherds and the Song of the Angels.)

Nov. 3rd. **The Child in St. Matthew's Gospel.** (The Star of Bethlehem : Christianity and the Religion of Ancient Persia.)

„ 10th. **Zarathustra and the Approach of the Sun-Spirit.** (Moses and Hermes.)

„ 17th. **The Way of the Ancient Hebrews** between the Egyptian and Chaldean Civilisations. (Exodus and the Captivity.)

„ 24th. **The Chosen People and the Preparation of the Body.** (The thrice Fourteen Generations.)

Dec. 1st. **The Jesus Child in St. Luke and in St. Matthew.** (Union of the two great Streams of Humanity in Jesus Christ.)

„ 8th. **Christ and the Healing of Mankind from the Fall.** (Imaginations of the Madonna and the Child. Illustrated by Lantern Slides.)

„ 15th. **The Baptism in Jordan.** Birth of the Christ-Impulse at Christmas and Epiphany.

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For Prospectuses of the School and Training Courses, please apply to:
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SUNFIELD CHILDREN'S HOME

The Sunfield Home for children in need of special care was opened in Birmingham in 1930 by a small community of workers whose aim was to put into practice Rudolf Steiner's principles of curative teaching. With the growth of the work, other activities have arisen within the community life, and of these the Farm and Workshops now form separate sections.

SUNFIELD HOME FOR CHILDREN. Clent Grove, Clent.

This is uniquely situated on the western slopes of the Clent Hills in Worcestershire, and provides accommodation for 40-50 children of both sexes up to about 14 years of age. The staff is exceptionally large, so that the children can have individual attention. Medical, diet and massage treatment are given, and music, painting, modelling, eurhythmy, handwork and children's plays form an equally essential part of the curative-educational treatment. Training in this work can also be given, including special vegetarian cooking.

SUNFIELD WORKSHOPS. Clent Grove, Clent.

Original designs in furniture, pottery, metal work and toys are being worked out, and orders can be taken.

SUNFIELD AGRICULTURAL CENTRE. Broome Farm, Clent.

Over 200 acres of land are now being cultivated according to the methods indicated by Rudolf Steiner, and this supplies the Chi lren's Home and outside buyers with dairy and farm produce, stone-ground flour, etc. A limited number of farm apprentices can be taken.

THE SUNFIELD SHOP. Clent.

This is a newly opened distributing centre for all Sunfield products.

SUNFIELD GUEST HOUSE. (Mrs. Waldron) Clent.

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All enquiries should be addressed to: The Secretary, Sunfield Children's Home, Clent Grove, Clent, near Stourbridge, Worcs. Tel. Hagley 253.

ELMFIELD SCHOOL

SELLY OAK, BIRMINGHAM.

Elmfield School is founded on the principles of Rudolf Steiner's Art of Education. The School is for boys and girls, both day-pupils and boarders. Children can be admitted up to the age of thirteen, and it will be possible to continue their education to the school-leaving age. All school subjects are taught, including music, eurhythmy, arts and crafts. For the boarders there is a hostel supplied with home-grown vegetables and farm produce. The school is ideally situated in its own grounds on the outskirts of Birmingham, and is readily accessible from the neighbouring districts. Prospectus and full particulars can be obtained on application to : Miss E. M. Hutchins, M.A., Elmfield School, Griffins Hill, Selly Oak, Birmingham. Tel. Selly Oak 0031.

AGRICULTURAL FOUNDATION

AGRICULTURE.

The new impulse in Agriculture given by Rudolf Steiner in 1924 was first brought into the realm of practical work in England in 1928.

To-day a certain number of farmers and market gardeners, and a large number of people with private gardens are making use of the methods then indicated, and finding most valuable results. Interesting reports of their work almost daily reach the office of the Anthroposophical Agricultural Foundation at the Old Mill House, Bray-on-Thames, Berks, where visitors are welcomed if notice is given to the Honorary Secretary, Mrs. Pease, a few days previously.

It should be much more widely recognised that the whole position of agriculture to-day is critical and that evidence is found everywhere of how increasingly difficult the problem of the maintenance of the fertility of the soil has become under the methods of cultivation advocated by present-day agricultural science.

The new age which humanity entered at the close of the last century calls upon us to recognise the spiritual forces in Nature. Only when the great truths of the life of the earth itself and the life of the soil in relation to the living plants are realised and put into practice can the solution of the problem of a right nutrition for man and the animals be found. These truths must become the foundation and spiritual background of the work of the farmer and gardener to-day.

Anthroposophical Agricultural Foundation, Old Mill House, Bray-on-Thames, Berks.

Tel. Maidenhead 1454. Honorary Secretary, Mrs. Pease.

Old Mill House, Bray.

ACTIVITIES IN HOLLAND

THE HAGUE.

THE ANTHROPOSOPHICAL SOCIETY IN HOLLAND.*

The Anthroposophical Society in Holland was founded in November, 1923, at The Hague, in the presence of Rudolf Steiner.

Its principal aim is to further the life of the soul, both in the individual and in human society, on the basis of a true knowledge of the Spiritual World. There are local Groups and Centres at The Hague, Amsterdam, Rotterdam, Zeist (Utrecht), Hilversum, Laren, Zwolle, Wageningen, Nymwegen, Voorthuizen, Bergen, and Leeuwarden.

The celebration of the great Festivals of the year is regarded as an important part of the activities of the Society. Special attention is also given to the training and development of the inner life of the soul, for which special classes are held.

The Society organises lectures, meetings, and conferences on various subjects. From time to time Summer Camps are held. The largest of these was at Stakenberg in 1930, when 1,000 visitors, mainly young people, were present. The last Camp was held in Zeist (Utrecht) in the summer of 1936.

The **Dramatic Group,** the " Elpore Players," have performed important classical dramas (Goethe, Schiller, Sophocles, and Schuré) ; also fairy plays for children.

The **Eurhythmy Group** started work only a year ago, but has already been able to give two public performances.

*__Office__ : Daguerrestraat, 191 The Hague. Tel. 334836.

__President__ : Dr. F. W. Zeylmans van Emmichoven, Nieuweparklaan, 26 The Hague. Tel. 554844.

THE SCHOOL OF SPIRITUAL SCIENCE

THE HAGUE.*

The School of Spiritual Science at The Hague was founded at the same time as the London School. Both Schools work together, a number of the teachers dividing their time between London and The Hague.

The School organises lectures, training courses and art classes.

During last year there were, among others, courses on general subjects of Spiritual Science, and on history, mathematics, astronomy, literature, and religion. The art classes included Eurhythmy, speech, and painting. Next year modelling and music will be added.

Special Groups work together in different faculties. There is a medical Group for medical students and doctors. A Group for natural science has just been started.

Those who are interested in the new spiritual knowledge that was given to the world by Rudolf Steiner have the possibility of obtaining in these Schools a practical scientific training.

The School of Spiritual Science at The Hague will be further developed from year to year, and should be able gradually to include instruction in all domains of the cultural life of to-day.

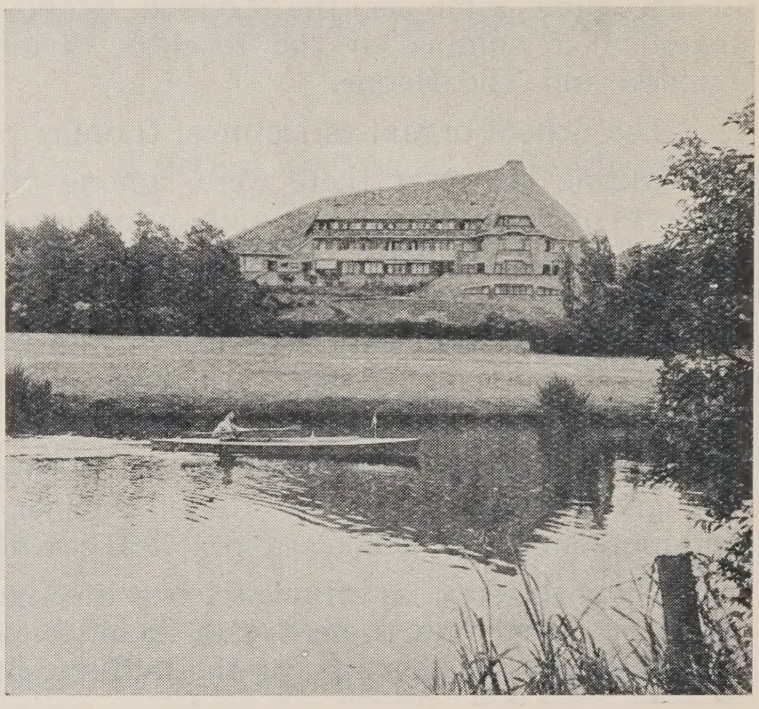
Bookshop, The Hague. Anna Paulowna Straat 14.

*Administration : Dedelstraat, 1 The Hague. Tel. 110755.

THE RUDOLF STEINER CLINIC

THE HAGUE.*

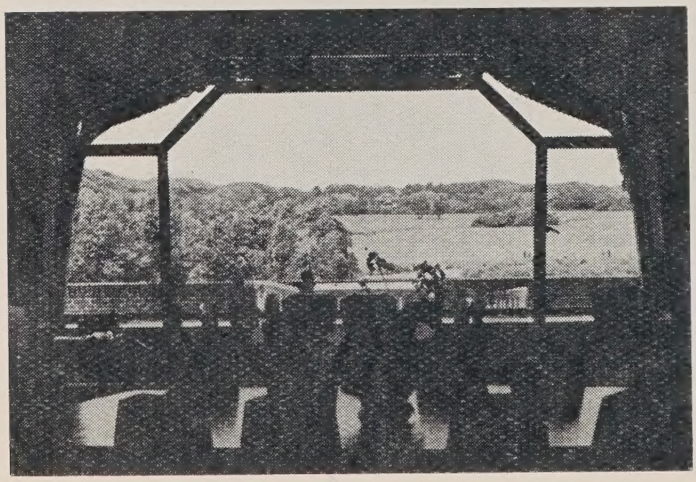
This Clinic was first founded in 1923 in a private house, and at the opening two lectures were given by Rudolf Steiner. In 1927 the present building was begun, finished and opened in 1928.



Rudolf Steiner Clinic, The Hague.

The Clinic can accommodate from 25 to 28 patients in single or double rooms. There is also a small ward.

Treatment is carried out entirely on the basis of Anthroposophical Medicine as indicated by Dr. Rudolf Steiner in his courses of lectures to doctors. The medical treatment includes also baths and massage, diet, light and colour therapy. Artistic occupations such as eurhythmy, painting and modelling are also regarded as of great importance from a therapeutical point of view.



Rudolf Steiner Clinic, The Hague.

All types of cases are admitted with the exception of major surgical cases and severe infectious illnesses.

Three doctors are connected with the Clinic, but it is also available for the patients of other medical men who are in sympathy with this new art of medicine. A special fund has been created to help patients who cannot afford the full fees.

* Office : Nieuweparklaan, 26 The Hague. Tel. 554844.

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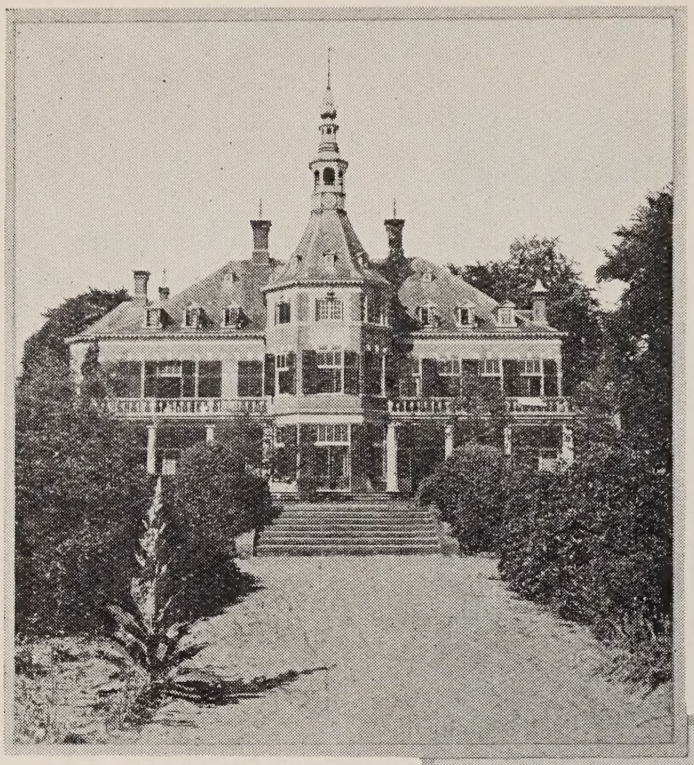

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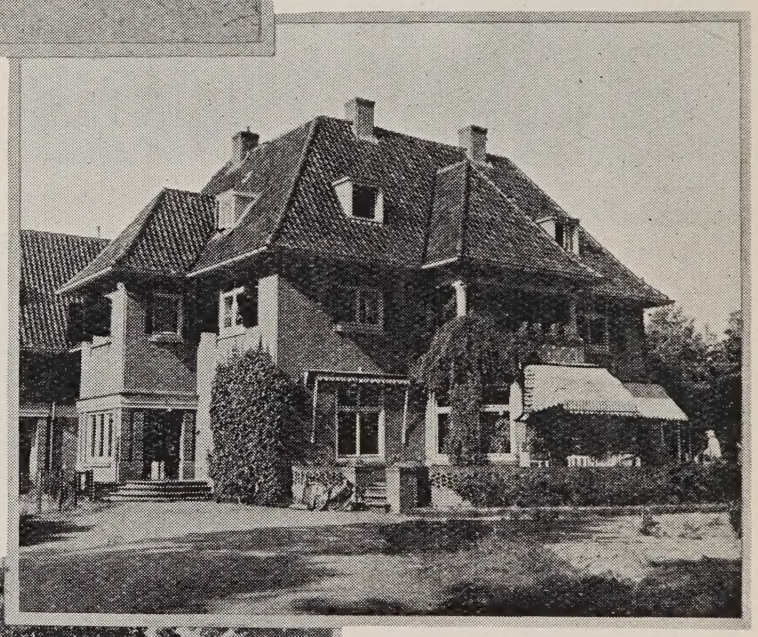
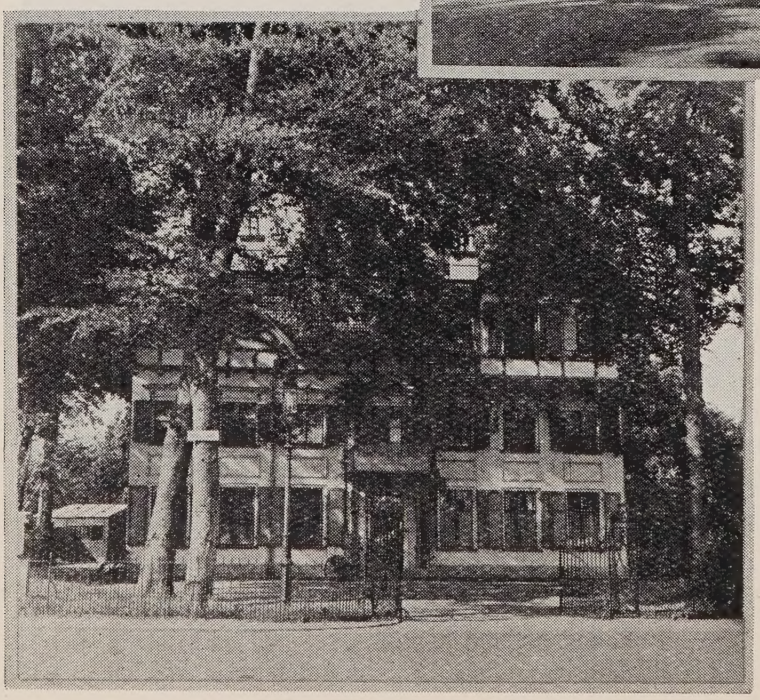


Zonnehuis, Home for children in need of special care.



Witte Hull, combined youth hostel, farm and community centre.

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ARLESHEIM, near BASLE, Switzerland.

Under the direction of Dr. Ita Wegman (M.D. Zurich), supported by a staff of five doctors.

The Clinical and Therapeutical Institute, Arlesheim, Switzerland, originated from a realisation that the medical science of the present day needs to be based upon the broader and deeper foundation of Spiritual Science as taught by the late Rudolf Steiner, Ph.D., and was the first Institute where his medical work was begun in 1920.

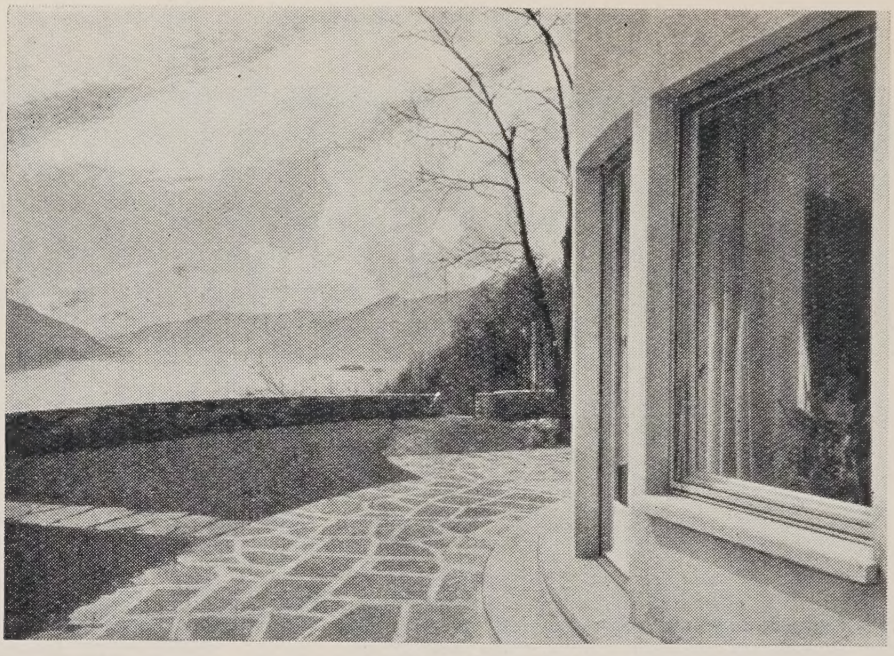
The Clinic takes patients suffering from :—Metabolic Disorders, such as Diabetes, Gout, Rheumatism, Corpulence. Affections of the Blood and Circulation, such as Anæmia, Chlorosis, Heart Complaints. Functional Nervous Disorders, such as Neurasthenia, Hysteria, Nervous Disorders of the Heart, Stomach and Intestines. Chronic Glandular Affections ; Disturbances of the Internal Secretions. Woman's Diseases. Exhaustion and Breakdown, Convalescent Cases. Cancer, both before and after operation. The methods make possible a very early diagnosis, and prophylactic treatment of pre-cancerous conditions. Diseases of the eye and ear, curative exercises for Long and Short-sightedness.

In addition to the usual treatments of the above complaints, special methods of treatment include Curative Eurhythmy, remedial handicrafts, painting and modelling. The medicaments used are specially prepared, and great attention is paid to dietetic cures.

Postal Address : Clinic Arlesheim, Baselland, Switzerland.
Telegrams : Clinic Arlesheim. Telephone : Arlesheim 62022.
Prospectus on application.

In connection with the Clinic are the Convalescent and Nursing Home

CASA ANDREA CRISTOFORO,
ASCONA, SWITZERLAND.



The house is situated above Lago Maggiore and is complete with every modern comfort. There are beautiful views across the lake and surrounding mountains. The climate is invigorating, on account of the preponderance of sunshine and light.

Applications for rooms should be made to the Matron in charge at Casa Andrea Cristoforo, Ascona, Ticino, Switzerland.

Telephone : Ascona 1030. Railway Station : Locarno.

And

HOLIDAY HOME MOTTAFARM, BRISSAGO, TICINO, SWITZERLAND,

above Lago Maggiore, with a beautiful view of the whole lake.

It consists of four houses which are self-contained and can be rented in single rooms or in flats with use of kitchen and bathrooms. On the same farm a special house is reserved for children. Here they may enjoy educational and special care, surrounded by a large garden and park.

Address : Motta, Brissago, Ticino, Switzerland.

Telephone : Brissago 2169. Railway Station : Locarno.

Prospectus on application.

And

SONNENHOF, ARLESHEIM, near BASLE, SWITZERLAND.

A Home for children in need of special care and convalescence.

By means of individual treatment and curative education to suit the special needs of each child, the children are helped to unfold their spiritual and physical qualities on as healthy a basis as possible.

In addition to children who have difficulty in learning, children with physical defects are also accepted. The treatment of these children consists of medical-therapeutical measures, curative Eurhythmy and special diet. General education, including music, is given to small groups of children or in special cases the child is taken alone. A detailed prospectus describing the curative educational methods of Dr. Steiner will be gladly sent on request.

Applications : Dr. I. Wegman, Clinical-therapeutical Institute, Arlesheim, Switzerland.

Telephone : Arlesheim 62022. Telegrams : Sonnenhof, Arlesheim.

In connection with above-mentioned work at the Clinic and Sonnenhof, Courses in Nursing, Curative Eurhythmy and Curative Educational work are held.

The Course in Curative Eurhythmy is only open to those with the necessary qualifications.

Questions and applications to Dr. I. Wegman,
Dr. G. Bockholt,
the Clinic, Arlesheim, Switzerland.

CHILDREN'S HOME, SOLHEIMAR GRIMSNES, ICELAND.
Under the direction of Sesselja H. Sigmundsdottir.

This Home, which was opened eight years ago, is the only one of its kind in the far North. Here the children receive the same treatment as at the Sonnenhof, Arlesheim. The Home is beautifully situated and receives not only children in need of special care, but also convalescent and delicate children. It also offers special opportunities for holiday visits to those interested in the ancient history of Iceland and beautiful scenery where the contrast between hot volcanic springs, glaciers and waterfalls is amazing.

The latest Home to be founded is in Paris at
52, RUE DE L'ASSOMPTION, AUTEUIL, PARIS XVI.

The house is charmingly situated, near the Bois de Boulogne, and lies back from the road.

This house is a centre of curative education, which includes a day school. In summer time these children live in the country under the care of their own teachers.

Doctor in charge : Madame Schlumberger (M.D. Paris).

Full information from any of the above addresses.

Information concerning medical activities in England can be obtained on application to the Secretary, 10 Kent Terrace, London, N.W.1.

GNADENWALD SANATORIUM

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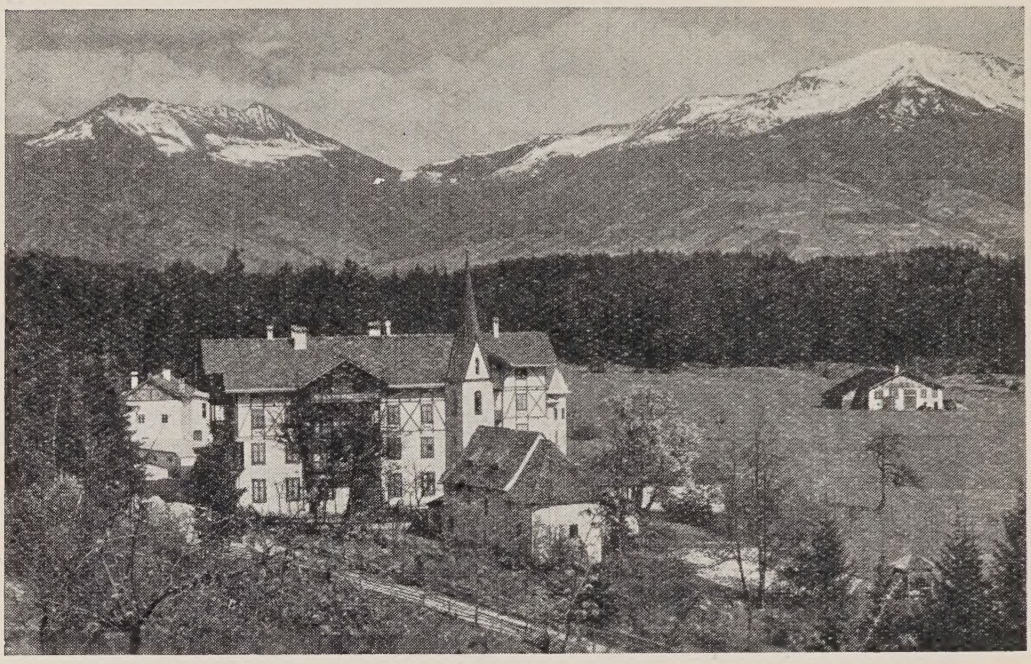

Alpine sanatorium and convalescent home for adults and children.
Telephone : Hall in Tirol 151.
Medical Superintendent : NORBERT GLAS., M.D., Vienna.

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Open all the year round. Central heating. Hot and cold water in bedrooms. Some rooms with private baths. Recreation rooms. Terraces. Reclining Hall. Private balconies. Small covered plunge-bath. Sun-bath. Large library. Garage.

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As a result of our own researches we have evolved new and successful methods of treatment which are unobtainable in England. Hydro and balneo therapy (brine, herb, sulphur and carbonic-acid baths). Massage in accordance with special methods. Open-air, rest and terrain cures. Curative Eurhythmy. Cures including artistic and agricultural activities. Two doctors (one lady-doctor) always on the premises. Trained nurses.

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Experience proves that the resort is invaluable in the following cases :—Non-infectious diseases of the organs of respiration. Gland illnesses. Graves disease, etc.—anæmia, sick headache, diseases of the heart and blood vessels. All non-infectious stomach and bowel troubles. Disorders of metabolism. Rheumatic, gouty, neuralgic maladies. Nervous prostration. Functional and incipient organic nervous complaints. Short-sightedness—longsightedness—squinting (exercise therapy). Convalescence.

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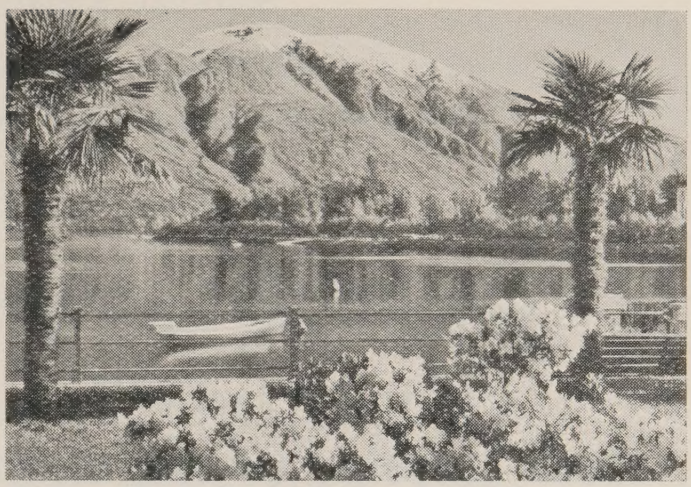

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By the same Author.

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